METRO PHYSICAL & AQUATIC THERAPY

SHERRIE GLASSER MAYRSOHN, MSPT

FOUNDER OF METRO PHYSICAL & AQUATIC THERAPY

Sherrie Glasser, PT, MS is a widely known clinician and expert in orthopedic, sports and geriatric physical therapy and has more than three decades of experience in clinical research and treating patients. Ms. Glasser is an active member of ASSET (American Society for Shoulder & Elbow Therapists) and

AIPT (American Independent Physical Therapists), the American Physical Therapy Association and the Northeast Women's Health Study Group. Sherrie is a certified medical professional with Titleist Performance Institute (TPI), providing golf fitness. Sherrie has great passion treating the geriatric population, incorporating senior wellness, golf fitness, fall prevention, as well as pelvic floor dysfunction for men and women. Ms. Glasser has lectured extensively at numerous conferences, sports medicine and senior living centers, and has worked in the training and rehabilitation of semi-professional and professional athletes.

Expertise

- Orthopedic
- Geriatric
- TMJ
- Women's Health
- Pelvic Floor Dysfunction
- Vestibular

Degrees

- Bachelor's in Physical Therapy, State University of New York at Stony Brook, Stony Brook, NY
- Master's in Orthopedic Physical Therapy, Institute of Graduate Health Sciences. Atlanta, GA

Memberships

- American Physical Therapy Association (Women's Health Aquatic Physical Therapy, Oncology, Sports Physical Therapy & Orthopedic Sections)
- Northeast Women's Health Study Group
- Hospital for Special Surgery Network
- American Society for Shoulder & Elbow Therapists
- American Academy of Orofacial Pain
- New York State Society of Physical Therapists
- Long Island Association of Independent Physical Therapists
- The International Council of Active Aging

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